

Yoga Wall 1 Intensive

April 20 to 22



Friday 4/20/18

9:00 - 12:00

1:30 - 4:30

Saturday 4/21/18

9:00 - 12:00

1:30 - 4:30

Sunday 4/22/18

9:00 - 12:00

1:30 - 4:30

With Bryan Legere

This training is the 1st half of 2 course extensive courses on how to use the Great Yoga Wall™ system. This training is great for your own practice and for yoga teachers. All levels of students are welcome. We will cover a variety of therapeutic applications. The workshop size is limited so you get individual attention. You will get a certificate of completion at the end good for Yoga Alliance credits.

Bryan Legere has been teaching Yoga from 1984. He was certified at the Intermediate Junior Iyengar Yoga Instructor in 1992. He teaches workshops and yoga teacher trainings internationally. Bryan has been a National Iyengar Yoga Certification Assessor from 1994 to 2012 and has been to India many times to study yoga at the Iyengar's. Bryan currently has his own yoga studio in central Oregon where he teaches weekly public classes and a variety of workshops and Teacher trainings.

your payment to:

Bryan Legere

2498 S Hwy 97 Suite F
Redmond OR 97756

COST \$350.00
before April 20 \$325.00
Yoga Wall™ 1 - 7?18

Name _____ Phone _____

Address _____

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email _____

Or Call if you wish to use a credit card. 775-781-0468