

# 5 Day Yoga Intensive

August 5 to 9  
9:00am to 1:00 pm



With Bryan Legere

Each Day we will have a 4 Hour Yoga Practice including Pranayama, Philosophy and Asana. This is a great way to Jump Start your own home Yoga Practice.

Bryan Legere has been teaching yoga for over 33 years, holds a Intermediate Iyengar Yoga Certification and is one of the founders of The Great Yoga Wall™, Inc. He has been a National Iyengar Yoga Certification Assessor for 18 years and has been to India many times to study yoga at the Iyengar Yoga Institute. He began practicing yoga in the late 70's and started teaching in 1984. He teaches yoga teacher trainings, workshops and has led yoga retreats through out the United States and internationally.

Please mail your payment to: **Bryan Legere**  
2498 S Hwy 97 Suite F  
Redmond OR 97756

COST \$150.00  
Yoga Wall™ 1 - 8/17

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

email \_\_\_\_\_

Or Call if you wish to use a credit card. 775-781-0468